

1 **It's About Time: Exploring the dose-dependent effects of active**
2 **learning on students of different social personalities in an upper-**
3 **level biology course**

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12
13 **Abstract**

14 Active learning is the new standard for teaching in higher education. As more faculty seek to
15 expand their teaching practices by including active learning activities that promote higher levels
16 of learning, many are doing so in small doses by temporarily postponing traditional lectures in
17 favor of group activities. While there is evidence demonstrating that active learning practices can
18 facilitate higher performance and information retention, our previous work showed that social
19 personality differences can affect an individual's performance in group-oriented active learning
20 exercises. The results from this work indicated a possible dose-dependent effect driving the
21 correlations observed between performance and social personality compared to passive lectures.
22 This study builds on our previous work by analyzing if hosting comparatively few active learning
23 classes is leading to a dose-dependent effect on student performance by personality type in the
24 active learning setting. Our findings from this research demonstrate that social personality-based

25 differences in performance on topics taught using active learning diminish with increased exposure
26 to active learning. We also found that students of all personality types perform better on
27 memorization-based questions than on higher-order questions in general, but that their
28 performance on higher-order thinking questions improved after participating in active learning..

29 **Keywords: Pedagogy, IPIP, Introvert, Extrovert, Ambivert**

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31

1. Introduction

32 Active learning is transforming higher education. Its use has been correlated with improved
33 learning gains, performance enhancement, reduced failure rates, and in some cases gives students
34 a greater sense of belonging (Ballen et al., 2018; Freeman et al., 2014; Terenzini et al., 2013; Haak
35 et al., 2011). Because of this, active learning is rapidly becoming the gold standard for higher
36 education. While there is a collective push to incorporate active learning in college curriculum, the
37 term “active learning” encompasses a wide range of different tools and strategies (e.g.,
38 collaborative learning, cooperative learning, flipped classroom designs, problem-based learning,
39 computers and technology, whiteboard space) and how it is implemented can impact its efficacy
40 towards achieving higher levels of understanding and information retention over time (Styers, Van
41 Zandt, and Kayden, 2018, Asok et al., 2016, McCormick, Clark, and Raines, 2015, Kim et al., 2012,
42 Michael, 2006). For example, the use of high-tech screen-sharing applications and computers in an
43 active learning setting may improve student success in courses pertaining to information
44 technology where they are a necessity for hands-on instruction, while imparting no additional
45 benefit over low-tech alternatives (e.g., whiteboards) in other courses (Sonerl & Wyse, 2017).
46 Gender, race, and social personality factors have also been shown to affect how students receive
47 the active-learning learning environment, playing an important role in their participation in group
48 settings and, ultimately, their understanding of material. Therefore, certain types of active learning

49 techniques may benefit some groups of students, but not others (Beckerson et al., 2020; Ballen et
50 al., 2018; Marbach-Ad et al., 2016). Furthermore, how students engage with active learning
51 activities may also influence learning gains (LaDage et al., 2018). This then begs the question:
52 how should universities approach recommendations for implementing active learning strategies
53 for different populations of students, and for the university as a whole?

54

55 It is unlikely that a practice as diverse as active learning will have a one-size-fits-all
56 solution for implementation in the classroom. The complexity of active learning practices
57 combined with the wide breadth of departments, materials, and learning goals, as well as the
58 diversity of student populations, makes a targeted approach towards best practices far more
59 feasible. One way in which we can begin to build a repertoire of best practices is to analyze how
60 different active learning strategies affect different groups of students at the classroom and
61 individual levels. While research into active learning consistently shows improved performance
62 on average at the classroom level (Freeman et al., 2014; Haak et al., 2011; Kortz et al., 2008;
63 Crouch & Mazur, 2001) across multiple disciplines (Hung 2017; Morosan et al., 2017; Favero
64 2011; Prince, 2004), these studies are not standardized for different forms of active learning
65 practices, nor do they account for performance at the individual level. While overall class
66 performance may improve with the addition of active learning exercises, exercises that are group-
67 oriented may introduce barriers for those of different social-phobias, student background, race,
68 and personalities, unintentionally leading to classroom isolation (Castilla et al., 2017; Wood 2014;
69 Plenty & Jonsson, 2016; LaBelle & Johnson, 2018).

70

71 Studies as far back as the 1970's have demonstrated that different majors tend to have
72 student cohorts with differing group personality averages (Vedel, 2016; Vedel et al., 2015; Horn
73 et al., 1975). For example, STEM majors as a whole tend to be less extroverted than those who
74 major in the arts and humanities (Vedel, 2016; Balsamo et al., 2012). There are also intraspecific
75 differences in levels of extroversion within departments as demonstrated by Beckerson et al.,
76 where students of ecology tested two points above the average in extroversion and students of
77 microbiology tested two points below the average in extroversion (2020). Taking a tailored
78 approach towards recommendations for active learning methods by program, or even through
79 class-specific methods, may result in advising for smaller group activities (e.g., think-pair-share)
80 or non-collaborative alternatives (e.g., clicker questions) in more introverted fields, and large
81 group activities for more extroverted fields.

82

83 In our previous work, we explored how student social personality impacts performance and
84 reception of group-based active learning in periodic learning sessions on junior/senior level STEM
85 majors (Beckerson et al. 2020). Our research team found that introverted students were less likely
86 to perform as well on assessments that tested their knowledge of material covered in small group
87 exercises (conducted in a new active learning space but not in the normal classroom) compared to
88 their extroverted peers, whose performance improved with active learning instruction. However,
89 while our work demonstrated a clear and significant effect of social personality on active learning
90 performance, it was yet unclear whether these effects were the direct result of social personality
91 on group-based learning, or whether they may have been the result of a dose-dependent effect for
92 working in the active learning setting. The amount of time spent in the active learning classroom
93 may therefore have differing effects on individuals, based on social personality markers, that make

94 them faster or slower at adapting to the new learning environment, especially given that the
95 junior/senior level students who participated in our previous study have spent the majority of their
96 academic career in traditional lecture-style classrooms. We therefore hypothesized that the
97 performance gap we had previously observed between introverts and extroverts may be reduced if
98 the entire course was held in an active learning classroom performing active learning assignments,
99 a hypothesis that is backed by results from the student feedback results from our previous work
100 that showed no preferential differences among personality types for active learning curriculum.

101 With the completion of the Belknap Academic Building at the University of Louisville,
102 outfitted entirely with active learning classrooms with capacity ranging from 20-124 students, we
103 were finally able to put this hypothesis to the test. In this study, we conducted an upper-level
104 biology course entirely in an active learning classroom and incorporated more active learning
105 exercises and group-based activities than in our previous work. This setup not only allowed us to
106 identify whether or not there is a dose-dependent effect on student performance in active learning
107 settings by personality type, but also provided us with a large enough sample size to test whether
108 social personality affected student performance on questions requiring differing levels of Bloom's
109 Taxonomy (i.e., memorization or higher-order thinking questions). To capitalize on this
110 opportunity to use our data to address a multivariate hypothesis, our results were analyzed through
111 three different phases of questioning: Phase I) Did personality affect performance on exam
112 questions pertaining to active learning? Phase II) Do personality differences correlate with
113 performance on higher-ordered questions? And Phase III) Did students perform better on higher-
114 order thinking questions after active learning?

115

116 By conducting this research, we hope to highlight personality effects at the class and
117 individual levels in effort to facilitate a more inclusive approach towards incorporating active
118 learning in the classroom on a case-by-case basis. This work helps instructors better understand
119 how personality influences performance in the classroom and helps to pave the way for studies on
120 best practices for applying group-oriented active learning.

121

122

2. Materials and Methods

2.1 General Procedural Framework

124 To identify whether or not limited exposure to an active learning environment facilitates a dose-
125 dependent response between students with different social personality, this study was conducted
126 entirely in an active learning classroom (high-dose) and results were compared to previously
127 published work in which active learning was implemented in two sessions (low-dose) throughout
128 the semester. Both courses were taught by the same professor in effort to reduce variables that
129 arise from different teaching ideologies and experience. Furthermore, this instructor has been
130 trained in active learning techniques through the Delphi Center for Teaching and Learning and had
131 been using similar active learning materials for several semesters prior to initiating this research.
132 The research took place in the Belknap Academic Building at the University of Louisville, a
133 building constructed to house active learning environments. The active learning classroom used in
134 this study featured 11 groups of 3 conjoined tables (Figure 1-A) seating up to 6 students each for
135 a total capacity of 66 students. Each of the eight tables on the periphery were equipped with their
136 own computer monitor (Figure 1-B), and the classroom was fitted with two large computer
137 monitors on the walls (Figure 1-C). In addition to computer monitors, the classroom was also fitted
138 with a front and back-facing projector which could be utilized with automated drop-down projector

139 screens at either end of the classroom (Figure 1-D). Students were also supplied with personal
140 whiteboards (Figure 1-E) as well as given access to use the whiteboards on the wall to present
141 group data (Figure 1-F), and each table had a terminal to charge and connect electronic devices to
142 access the computer monitor displays through screen-sharing technology (Figure 1-G).

143 **- Figure 1 -**

144

145 Although the course was held in an active learning setting and group participation was
146 encouraged throughout the semester, only eight class sessions were specifically tailored to utilize
147 active learning tools. These eight class sessions were divided across four units with two group-
148 oriented active learning classes per unit. Topics covered during these active learning sessions were
149 in line with topics that were covered in passive learning style lectures taking place in the active
150 learning setting, but included specific material not covered in the lecture for testing purposes. To
151 facilitate participation during these group-oriented sessions, each group was graded on both
152 completion and accuracy of the associated project for that class period, as well as through peer
153 evaluations from other individuals in their groups. Groups were changed 4 times over the semester
154 with efforts made to have students interact with new group members over the semester. To gauge
155 information retention from these active learning sessions, four in-class unit exams were given
156 throughout the semester with questions divided between lower-order, memorization-style
157 questions, defined in this study as the bottom two tiers of Bloom's Taxonomy, and higher-order
158 thinking style questions, defined in this study as the top 4 tiers of Bloom's Taxonomy, for both the
159 topics covered in the group-oriented active learning sessions and the passive learning style
160 lectures. To prevent confounding variables due to copying and other forms of cheating during the
161 exam, four forms of each exam were made and distributed in a manner so that no two people sitting

162 next to one another had the same exam form, and the exams were proctored. These exam forms
163 differed in the orders of the questions and the arrangement of the answers but contained the same
164 questions and correct answers. All personal information used in this analysis, including personality
165 trait and test scores, was blinded throughout the semester to prevent any biases during grading.
166 The information was only unblinding after collection of all data points was completed to perform
167 statistical analyses.

168

169 Each student enrolled in the fall 2019 BIOL 357 General Microbiology class was given an
170 informed consent form to allow them to opt into the study. In total, 56 students agreed to participate
171 in this study, out of 65 enrolled. Participating students also were given the option to remove their
172 data from the study after initial enrollment at any time, although none did. All participating
173 students took the IPIP Big Five Measure of Personality test to identify their social personality
174 category using the same cutoff values for level of extroversion as were used in our previously
175 published work (Beckerson et al., 2020), in which students scoring 10-23 are categorized as
176 Introverts, 24-37 are categorized as Ambiverts (previously referred to as “Neithers” in Beckerson
177 et al., 2020), and 38-50 are categorized as Extroverts. Given that no statistically significant effect
178 was observed for the other four personality metrics in Beckerson et al., 2020, only level of
179 extroversion was used in this study.

180

181

182 **2.2 Statistical Analyses**

183 Statistical analysis of the data was carried out using R 3.6.2 with the packages ‘lme4’, ‘lmerTest’,
184 and ‘ggplot2’. Exam, group ID, and participants were treated as random effects, while social

185 personality was treated as a fixed effect. To test for interactions between these variables, a linear
186 mixed effect model was first used with the assumption that response variables followed Gaussian
187 distribution to screened for patterns across exam scores by exam keys, active learning session
188 groups, and by unit before comparison with social personality scores using analysis of variance
189 (ANOVA) tests. Questions were coded as ‘memorization’ when they addressed fundamental
190 knowledge questions that were directly presented in class, either orally or on slides.
191 ‘Comprehension’ questions were categorized thusly if they required comparing facts or
192 definitions. Questions were considered ‘higher-ordered’ when students had to evaluate methods,
193 synthesize conclusions from facts or observations, analyze data in charts, tables, or graphs, or
194 determine possible effects of perturbations in systems, or determine possible outcomes in various
195 situations, all of which were neither discussed directly in class nor presented to students. We also
196 screened the scores for normal distribution using the R commands ‘qqnorm’ and ‘qplot’ to verify
197 normality. The data for exam scores was then tested by question type (memorization or higher
198 order learning) and social personality type (Introvert, Ambivert, or Extrovert) using a series of
199 ANOVAs to test for significant effects. The resulting variables, subcategories, data classification,
200 and effects are listed in Table 1.

201 **- Table 1 -**

202

203 **3. Results**

204 **3.1 Distribution of Personality Type**

205 The results from the IPIP Big Five Measures of personality were consistent and within the normal
206 distribution of personality types across the 56 students who participated (Figure 2A). Using the
207 same range of personality scores from Beckerson et al., 2020, these individuals were categorized

208 into 3 personality types; Introverts, Ambiverts, and Extroverts, with 11, 30, and 15 students falling
209 into each category, respectively (Figure 2B). While the distribution of IPIP scores fell into a normal
210 distribution, more Ambiverts were categorized on the higher end of the range (24-37), leading to
211 a higher average score of 31.125 compared to the 28.091 average of the class in our previous study
212 (Figure 2C).

213 **- Figure 2 -**

214
215 **3.2 Does performance on active learning assignments predict exam performance?**

216 Preliminary statistical analyses were performed using linear mixed-effects models to screen the
217 data for irregularities in the raw scores, exam keys, and group patterns to account for any
218 significant performance differences between exams that may be due to differences in day, material
219 covered, or answer key of the exam. The data demonstrated that there was a statistically significant
220 difference between overall performance across the four different exams ($p = 2.9e-2$). Exams 1 and
221 3 had higher performance with average scores of 77.14% and 77.39%, respectively, and Exams 2
222 and 4 had lower average scores of 72.54% and 72.66%, respectively. These results also showed a
223 significant pattern of decreasing scores for active learning-based questions across the semester (p
224 $= 3.9e-4$), along with passive learning questions ($p = 2.5e-3$), with the exception of questions from
225 Exam 3 which explains why Exams 1 and 3 had similar averages. These decreasing trends can be
226 explained by a gradual increase in difficulty level of exams across the semester, a product of the
227 cumulative nature of material in this course. Initial screening of the data ruled out any correlations
228 between personality type and in-class participation during active learning lectures. The average
229 active learning assignment group scores were used as a metric for in-class participation for each
230 individual and compared to their average exam performance. Individuals were then delineated by

231 personality type. Results demonstrate a positive correlation between active learning assignment
232 scores and exam performance; however, no personality-specific trend was observed and therefore
233 does not act as a confounding variable on exam performance by personality type (Figure 3).

234 **- Figure 3 -**

235

236 **3.3 Did personality affect performance on exam questions pertaining to active learning?**

237 **(Phase I)**

238 When exam performance was evaluated by dividing each exam into two groups of questions,
239 questions pertaining to material covered using active learning exercises and questions regarding
240 material covered using a passive learning lecture style, and compared across the different
241 categories of social personality, there was no statistically significant trend observed ($F_{2,55} = 3.93e-$
242 $1, p = 6.75e-1, ns$) (Figure 4). This is in contrast to findings from our previous “low-dose” study
243 in which lectures took place primarily in a passive learning style lecture hall with only two
244 supplemental active learning sessions throughout the semester (Figure 4). Type III analysis of
245 variance with Satterthwaite’s methods showed no statistical significance ($F_{2,55} = 3.93e-1, p =$
246 $6.75e-1, ns$) in the “High Dose” comparison between active/passive learning question performance
247 with regards to personality types while the “Low Dose” study showed a significant effect ($F_{2,32} =$
248 $3.16, p = 3.10e-2$).

249 **- Figure 4 –**

250

251 **3.4 Do differences in personality correlate with performance on higher-ordered questions?**

252 **(Phase II)**

253 When comparing the performance on exam questions divided into either memorization level or
254 higher-order thinking level questions by personality type, we found no statistical difference
255 between performance between Introverts, Ambiverts, or Extroverts ($F_{2,55} = 1.46 \text{ e-}1, p = 8.64\text{e-}1$)
256 (Figure 5). There was however a statistically significant difference between performance on
257 memorization questions versus higher-order thinking questions for the class as a whole ($F_{1,55} =$
258 $35.67, p = 4.09\text{e-}3$) with students performing better on memorization questions (average scores
259 79.22, 79.02, 76.83 for Introverts, Ambiverts, and Extroverts, respectively) than on higher-order
260 thinking questions (average scores 69.16, 69.08, 67.60 for Introverts, Ambiverts, and Extroverts,
261 respectively), regardless of personality type (Figure 5). We therefore see little evidence that
262 personality plays a role in how students perform on active or passive learning under these
263 conditions but we do see evidence that all students performed better on the lower-order thinking
264 questions.

265 **- Figure 5 -**

266 **3.5 Did students perform better on higher order thinking questions after active learning?**

267 **(Phase III)**

268 In addition to a consistent trend of better performance on memorization questions for the class as
269 a whole, our Phase III results also demonstrated a significant effect between the style of lecture
270 and exam performance by question type ($F_{1,55} = 51.07, p = 2.55\text{e-}12$). Further one-way ANOVA
271 testing showed that average exam scores for memorization questions were statistically higher for
272 questions pertaining to material taught through traditional passive style lectures, with an average
273 score of 80.97%, when compared to questions pertaining to material taught through group-oriented
274 active learning lectures, with an average score of 72.39 ($F_{1,55} = 16.00, p = 7.60\text{e-}5$) (Figure 6). The
275 inverse was true for higher-order thinking questions with students performing statistically better

276 on higher-order thinking questions for material covered in group-oriented active learning lectures,
277 with an average score of 72.39, compared to material covered in traditional passive learning
278 lecture, with an average of 65.76 ($F_{1,55} = 27.745, p = 2.29e-7$) (Figure 6).

279 **- Figure 6 -**

280 We also noted that students tended to do worse on memorization-style questions when the
281 information is covered in an active learning environment when compared to a passive learning
282 environment (Fig. 6). This observation is not well supported in published literature but we
283 speculate this trend may be due to an increase in critical thinking regarding information covered
284 in active learning exercises which leads students to a deeper understanding of the material and can
285 sometimes confuse or overload them with information, e.g., students thinking about it too hard.
286 Students might also expect exam questions covering information from active learning exercises to
287 be more complex or deeper than a simple memorization question and feel the “easy” answer cannot
288 be right for a complex questions.

289

290 **4. Discussion**

291 After our initial research into the effect of student social personality on performance in the active
292 learning setting was concluded for the Fall semester of 2018, our group identified a statistically
293 significant difference in exam performance amongst social personality types; however, given the
294 low-dose nature of the study in which students were asked to participate in only two active learning
295 sessions throughout the semester, our group wondered what effect exposure to active learning may
296 have had on students willingness to participate and learn from an active learning session in a study
297 with so few sessions. In this follow-up study, we aimed to eliminate this dose-dependent variable
298 by hosting the entire class in the active learning classroom as well as implementing a total of eight

299 group-oriented active learning exercises for each participant across the semester. Our findings
300 under this new “high-dose” approach demonstrate results much more consistent with other
301 pedagogical studies in three major ways.

302

303 First, the social personality effect observed in our first low-dose active learning study, in
304 which introverts performed better on exams after attending traditional passive lecture style classes
305 while extroverts performed better after group-oriented active learning classes and ambiverts did
306 not exhibit preference either way, is not present in our findings from this high dose study.
307 Interestingly, individuals categorized as extroverts in this study performed worse on questions
308 pertaining to active learning material than those categorized as extroverts in the 2018 “low dose”
309 study. This could be interpreted as a negative effect of continuous active learning on extrovert
310 performance; however, variations in test materials, the introduction of 6 new active learning
311 exercises in this study compared to the 2018 study, year-to-year variations in the student
312 populations, and a larger number of students tested in our current study all introduce variables that
313 can lead to differences in class averages. While we can say with statistical accuracy that there was
314 no difference between performance on questions pertaining to active learning or passive learning
315 material for extroverts, we cannot draw a conclusion on whether or not hosting the class entirely
316 in an active learning setting negatively affects overall exam performance for extroverts, especially
317 given the wealth of prior pedagogical research demonstrating the opposite is true.

318 Despite the uncertainty pertaining to overall exam performance between semesters, the loss
319 of observable differences between performance on exam questions covering active learning
320 material by personality type has important ramifications for lecturers who are beginning to adopt
321 active learning practices as supplemental learning in their traditional lecture style courses. This

322 research demonstrates that there may be a significant dose-dependent effect on students with
323 different social personalities when active learning classes are only implemented in small doses,
324 specifically in the performance of introverts and introverted-leaning ambiverts. Therefore, our
325 findings support the concept that complete revamping of courses to facilitate a consistent active
326 learning class environment, one complete with frequent active learning practices, may be
327 advisable.

328

329 The second important result from our findings involves the consistency of student social
330 personalities amongst classes and across semesters. Results from the IPIP Big Five Measures of
331 Personality test for extraversion showed a much higher average score of 31.125 for the 2019 Fall
332 semester compared to the 28.091 average of the 2018 Fall class in our previous study. This result
333 demonstrates that class averages for personality traits not only differ across majors and across
334 classes within a department, but also within classes across different semesters. This finding
335 indicates that it may be impossible to make simple recommendation for best practices at a
336 departmental level as previously hoped; however, as the IPIP Big Five metrics are often used as
337 an introspective, metacognitive tool for students as well, having students take this short quiz at the
338 beginning of each semester may be useful for the students to increase meta-awareness and improve
339 buy-in towards active learning setting. This information can also be useful for the instructor to
340 implement formative adjustments to lecture practices across semesters. By utilizing these
341 questionnaires, the instructor can gauge which active learning practices may be most beneficial for
342 that particular cohort of students. Furthermore, it may be useful to provide students with hand-outs
343 or electronic resources which succinctly advise them on the strengths or weaknesses of their
344 personality traits in group-based projects. Helping students understand how their personality traits

345 may influence group dynamics and perceptions may help students gain useful new skills for the
346 workforce or professional school post-graduation, especially as many programs and careers require
347 group-oriented work. We would like to note that some of the data presented had a high degree of
348 variability (i.e. Figure 4). This could be explained by the fact that students are not only
349 extraverted/introverted but also have multiple facets to their personalities that can contribute to
350 these findings. Unfortunately, it is impossible to account for all personality traits in experimental
351 design in the classroom but this is an interesting field of exploration for the future.

352 Finally, this study also demonstrated that despite a statistically significant trend showing
353 that students performed better on memorization-style questions pertaining to material covered in
354 traditional passive lecture style lessons and better on higher-order thinking questions pertaining to
355 material covered in group-oriented active learning classes regardless of social personality, students
356 performed better overall on memorization style questions regardless of teaching method. This
357 finding is consistent with other pedagogical research that identify these higher-order thinking
358 tasks, although more effective for long term retention and application of material, as more difficult
359 in general (Jensen et al., 2014; Krathwohl, 2010). This trend towards higher performance on
360 memorization questions is also likely impacted by the fact that this study involved an upper-level
361 biology course, in which many of the participants are third or fourth year students that have been
362 indoctrinated with traditional passive lecture style instruction. Therefore, it is plausible that
363 students are simply accustomed to studying large lecture style material and answering lower order
364 thinking questions on their exams. This further highlights the importance of revamping university
365 lecture halls to implement active learning to provide students with the highest quality instruction
366 possible, and to do this early in the curriculum with adequate instructional support. It also suggests

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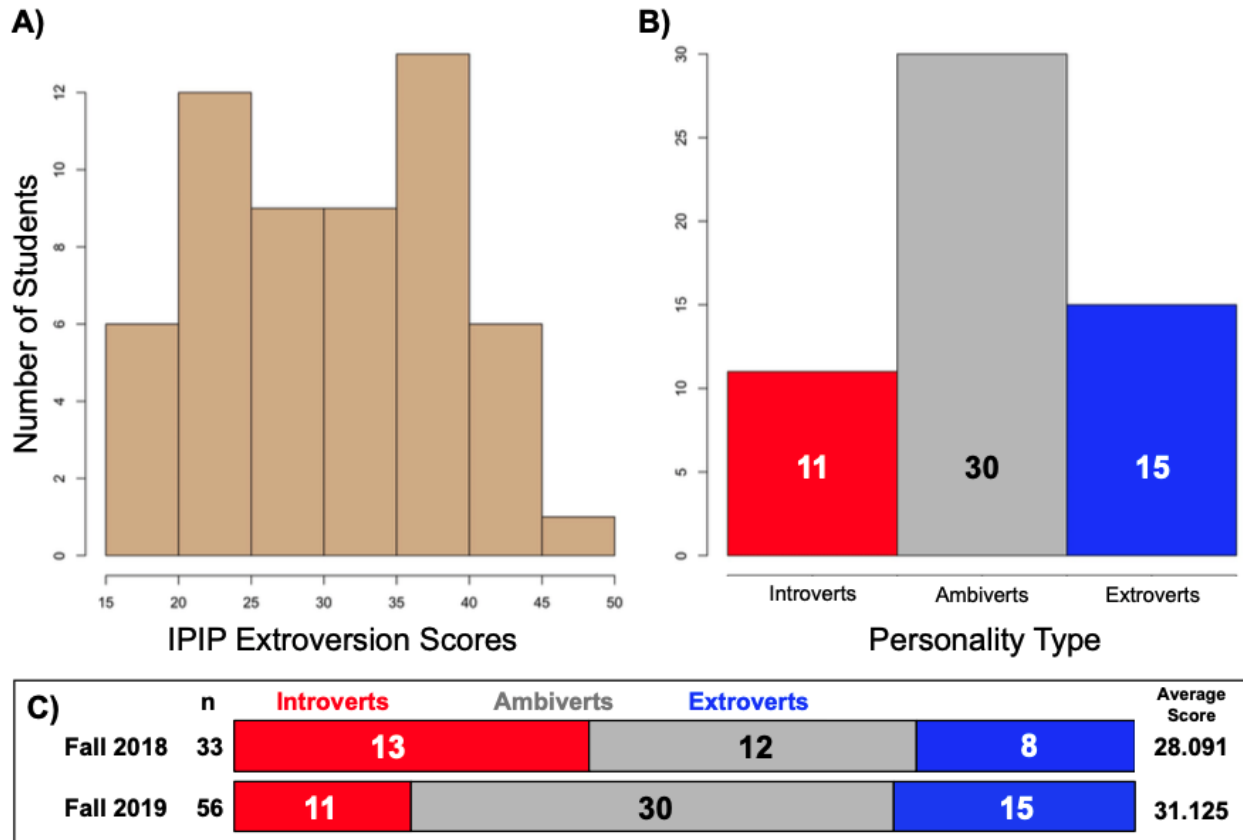
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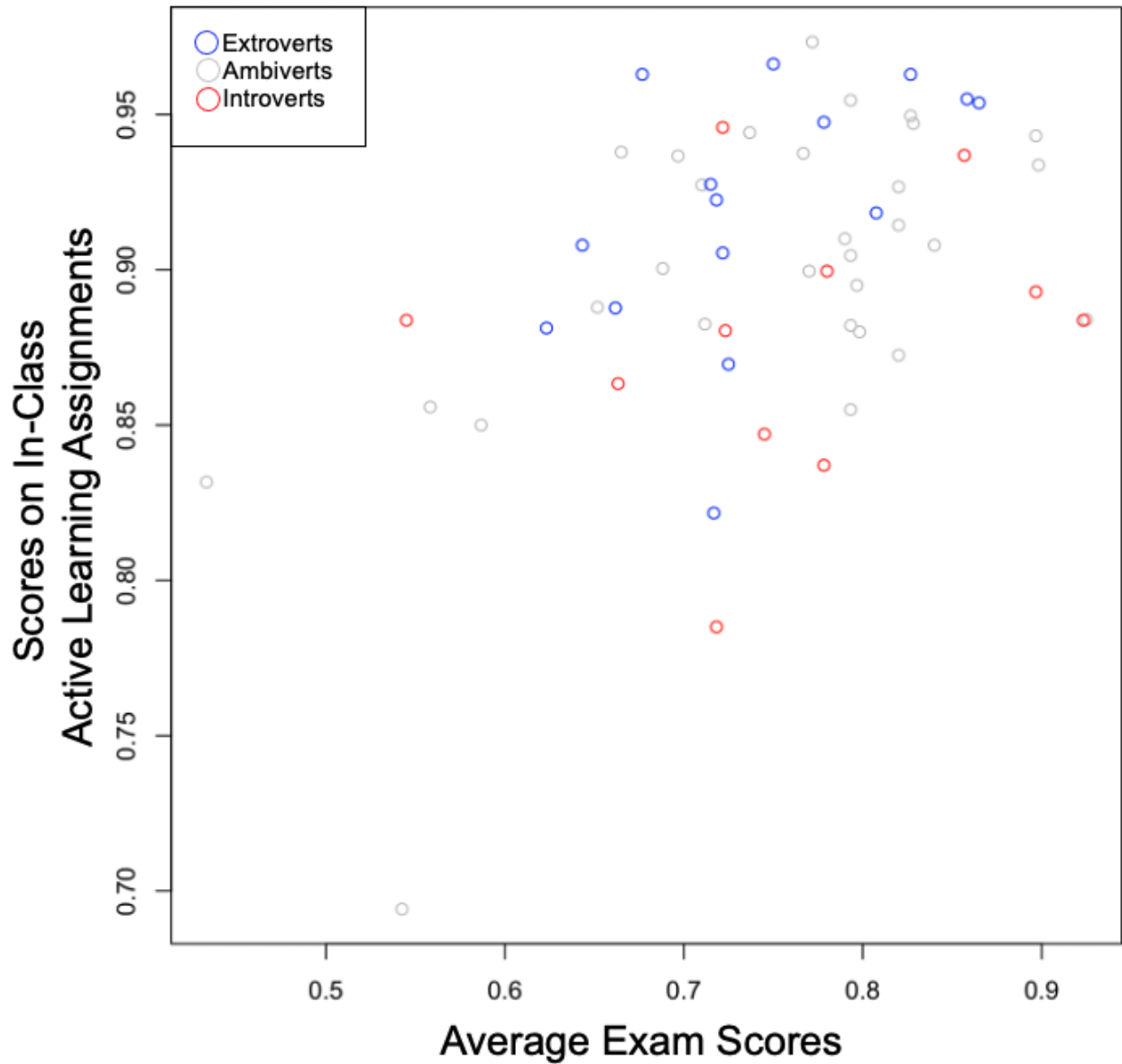


489
490 **Figure 1.** The active learning classroom setup. Each group consisted of 6 chairs and 3 tables (A).
491 Groups near the wall were given access to their own computer monitor (B) while groups in the
492 middle were given access to the larger wall mounted monitors (C). The classroom was fitted with
493 two projectors facing either end of the classroom (D) to display class instructions. Students were
494 also provided with personal whiteboards at their tables (E) and group whiteboards on the walls of
495 the classroom (F), as well as docking devices to charge and connect their electronic devices (G).
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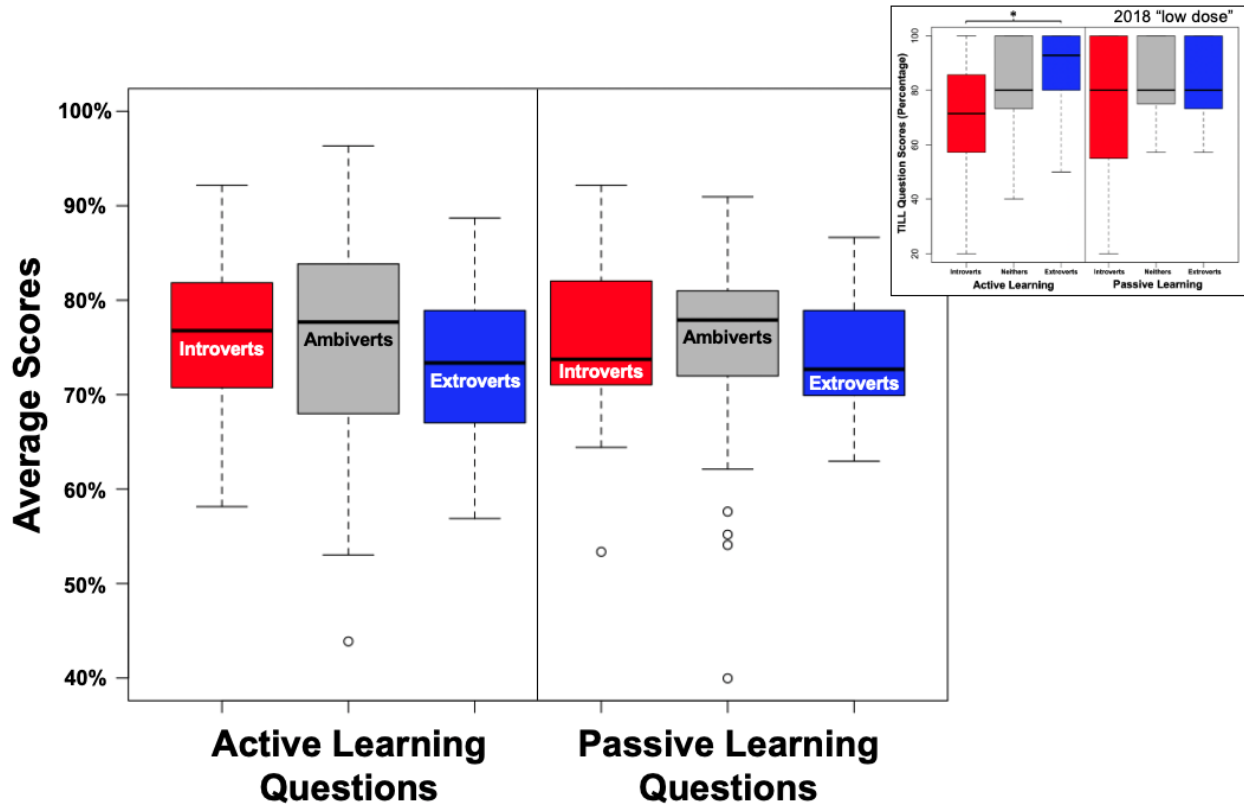
499 **Figure 2.** Distribution of results from the IPIP Big Five Measures of Personality scores for level
 500 of extroversion. A) depicts the number of students by bins of scores grouped by every 5 points. B)
 501 shows the results after categorization of students using the cutoff values in Beckerson et al., 2020,
 502 with scores between 10-24 categorized as Introverts, scores between 24-37 categorized as
 503 Ambiverts (previously “Neithers” in Beckerson et al., 2020), and scores between 38-50
 504 categorized as Extroverts). C) outlines a comparison of personality type distribution between 357
 505 General Microbiology students as a percent of the total number of participating students from the
 506 fall of 2018 (Beckerson et al., 2020) and the fall semester of 2019. Average scores for the level of
 507 extroversion on the IPIP Big Five Measures of Personality are shown to the right of personality
 508 type distributions.



510

511 **Figure 3.** Dot plot demonstrating the relationship between exam performance, x-axis, and
 512 performance on the in-class, group-oriented active learning assignments, y-axis. Red circles
 513 represent students who scored as introverts on the IPIP test for extraversion, while grey circles
 514 represent students who scored as ambiverts and blue circles represent students that scored as
 515 extroverts.

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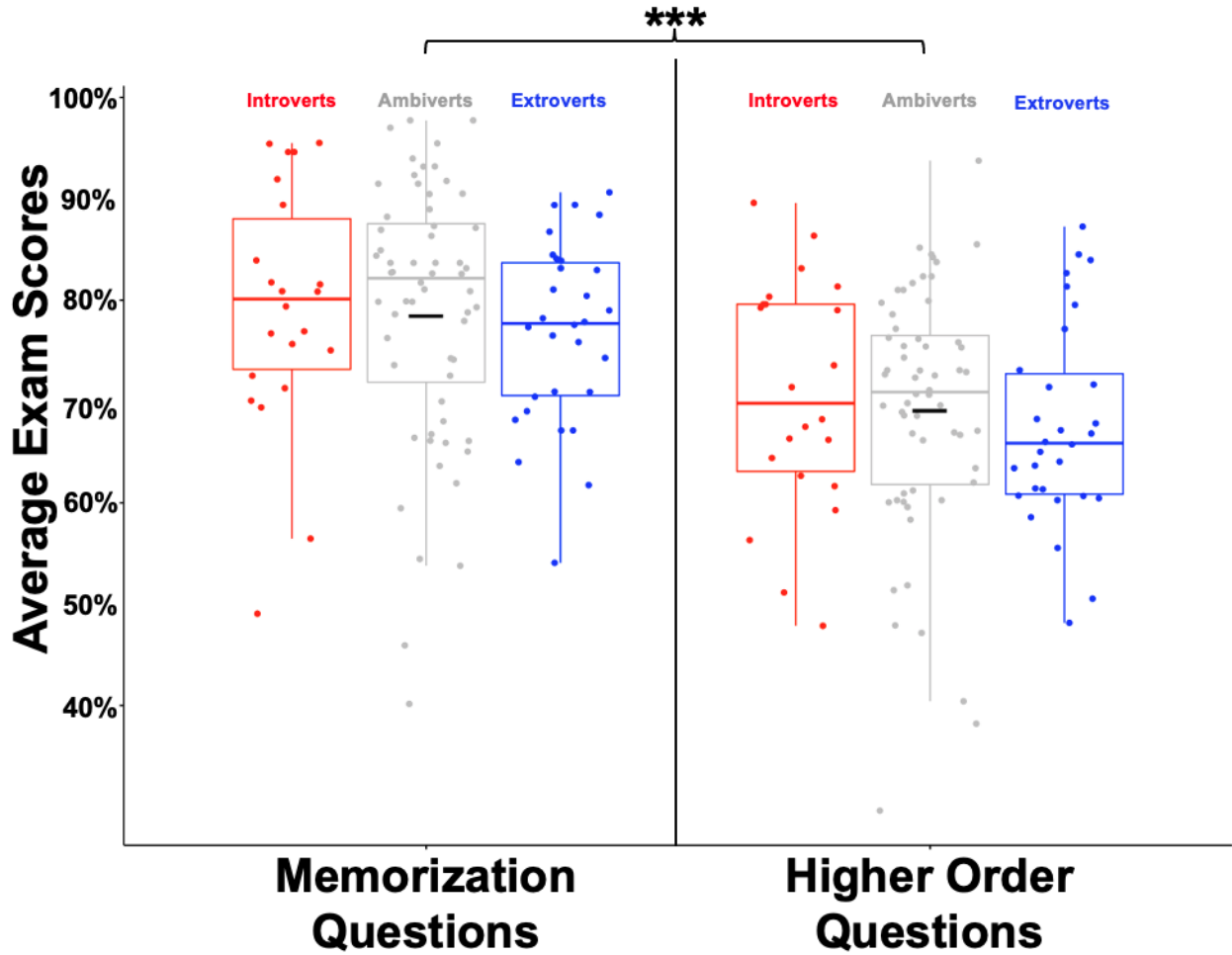
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519 **Figure 4.** Distribution of average exam scores across all 4 exams, separated by questions
 520 pertaining to material delivered by either active learning group exercises or passive learning
 521 lecture-style teaching, across all three social personality types. Box and whisker plots represent
 522 the quartiles for participants with statistical outliers shown as open circles and the group median
 523 scores shown with bold black lines. The large figure represents the “High Dose” dissemination of
 524 active learning, with eight total group-oriented active learning lectures and the entire class being
 525 conducted in the active learning session, while the smaller figure in the upper right demonstrates
 526 the results from Beckerson et al., 2020 as a “Low Dose” comparison where only two total group-
 527 oriented active learning activities were held in an active learning setting for each participant and
 528 the remainder of lecture material was disseminated via passive learning styles in a traditional
 529 lecture hall setting. Type III analysis of variance with Satterthwaite’s methods showed no

530 statistical significance ($F_{2,55} = 3.93e-1, p = 6.75e-1, ns$) in the “High Dose” comparison between
531 active/passive learning question performance with regards to personality types while the “Low
532 Dose” study showed a significant effect ($F_{2,32} = 3.16, p = 3.10e-2$).

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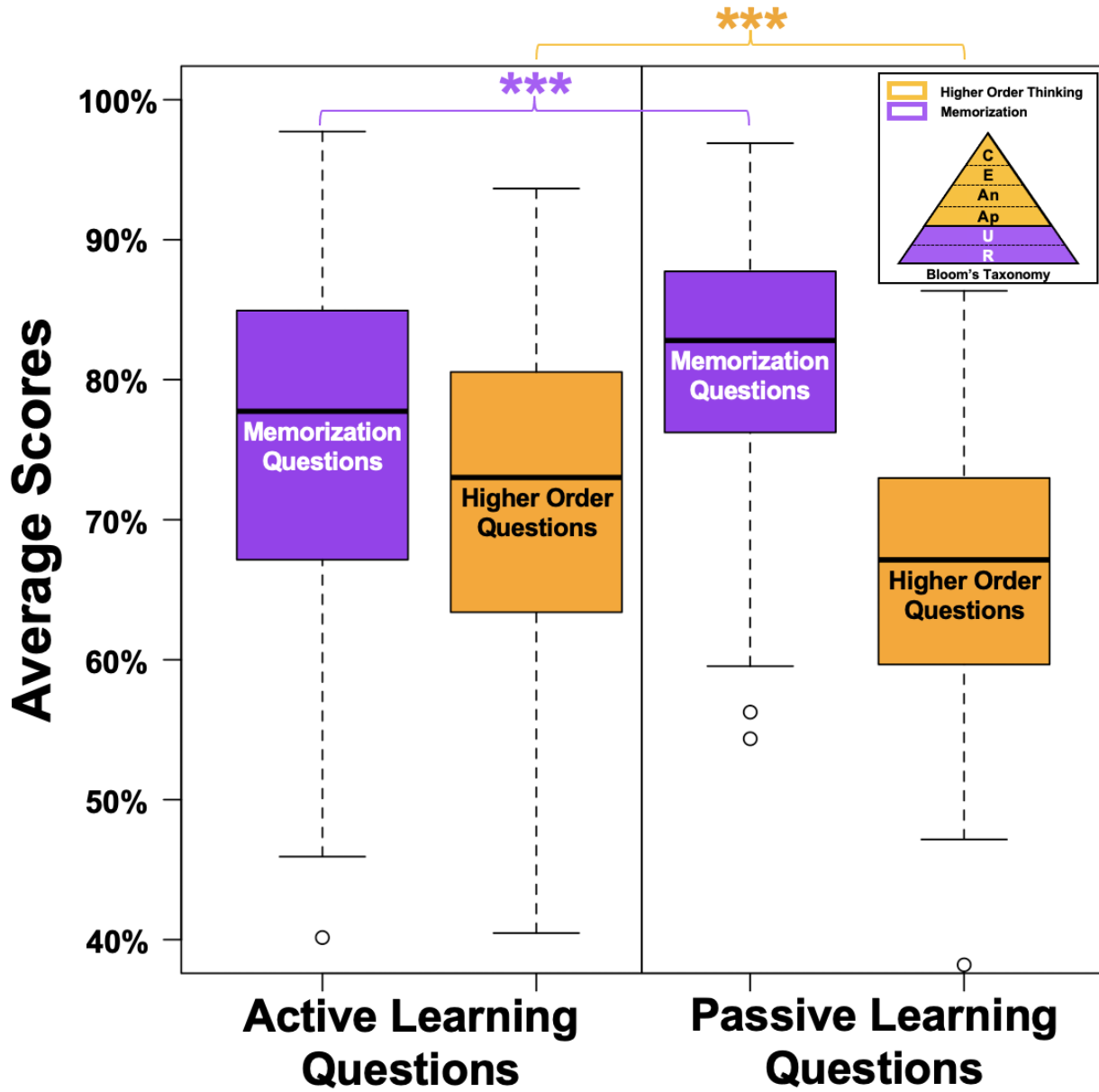


535

536 **Figure 5.** Distribution of average exam scores, separated by questions type, across all three social
537 personality types. Box and whisker plots represent the quartiles for participants with median scores
538 shown as bold lines colored according to group. Centered bold black lines represent the averages
539 for all personality types. Type III analysis of variance with Satterthwaite’s methods showed a
540 statistically significant difference between overall performance on memorization question and

541 higher order question ($F_{1,55} = 35.67, p = 4.09e-3$), but no significant difference with regards to
 542 personality type $F_{2,55} = 1.46 e-1, p = 8.64e-1$).

543



544

545 **Figure 6.** Distribution of average exam scores, separated by questions type and lecture style.

546 Memorization questions are defined as the bottom two tiers of Bloom's Taxonomy, top right, while

547 Higher-order questions are defined as the top four tiers. Box and whisker plots represent the

548 quartiles for participants with statistical outliers shown as open circles below the plots and the
 549 group median scores shown with bold black lines. Type III Analysis of variance with
 550 Satterthwaite’s methods were used to test for significance between lecture style, exam scores, and
 551 question type ($F_{1,55} = 51.07, p = 2.55e-12$). The purple brackets and stars indicate statistical
 552 difference in performance on memorization questions between lecture styles ($F_{1,55} = 16.00, p =$
 553 $7.60e-5$), and the orange bracket and stars indicate statistical difference in performance on higher-
 554 order questions between lecture styles ($F_{1,55} = 27.745, p = 2.29e-7$).

555

556 Table 1. Data classification for this study

Variable Name	Subcategories	Data Classification/Type	Effect Type
Social Personality	Introvert, Ambivert, Extrovert	Categorical/Ordinal	Fixed
Group ID	1-11	Categorical/Ordinal	Random
Exams	1-4	Categorical/Ordinal	Random
Learning Type	Active, Passive	Categorical/Binomial	Fixed
Question Type	Higher Order, Memorization	Categorical/Binomial	Fixed
Average Exam Scores	[0%, 100%]	Numerical/Continuous	Response
Active Learning Questions Scores	[0%, 100%]	Numerical/Continuous	Response
Passive Learning Questions Scores	[0%, 100%]	Numerical/Continuous	Response

Active Learning Higher Order Questions Scores	[0%, 100%]	Numerical/Continuous	Response
Active Learning Memorization Questions Scores	[0%, 100%]	Numerical/Continuous	Response
Passive Learning Higher Order Questions Scores	[0%, 100%]	Numerical/Continuous	Response
Passive Learning Memorization Questions Scores	[0%, 100%]	Numerical/Continuous	Response